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Revolutionizing healthcare: Integrating Electronics, AI, traditional, and conventional methods

Ayush Singh ¹, Sudhanshu Kumar Jha ^{2,*}, Pramod Chandra Dwivedi ³, Utkarsh Srivastava ⁴ and Akash Pal ¹

¹ Department of Electronics and Communications, Kanpur Road, Bundelkhand University, Jhansi, Uttar Pradesh 284128, India.

² Scientistic Era (Research & Development) Firm, Bahadurgarh, Haryana-124507, India.

³ Department of Panchakarma Regional Ayurveda Research Institute, Gwalior (M.P.-474001) India.

⁴ Department of Biotechnology, Kanpur Road, Bundelkhand University, Jhansi, Uttar Pradesh 284128, India.

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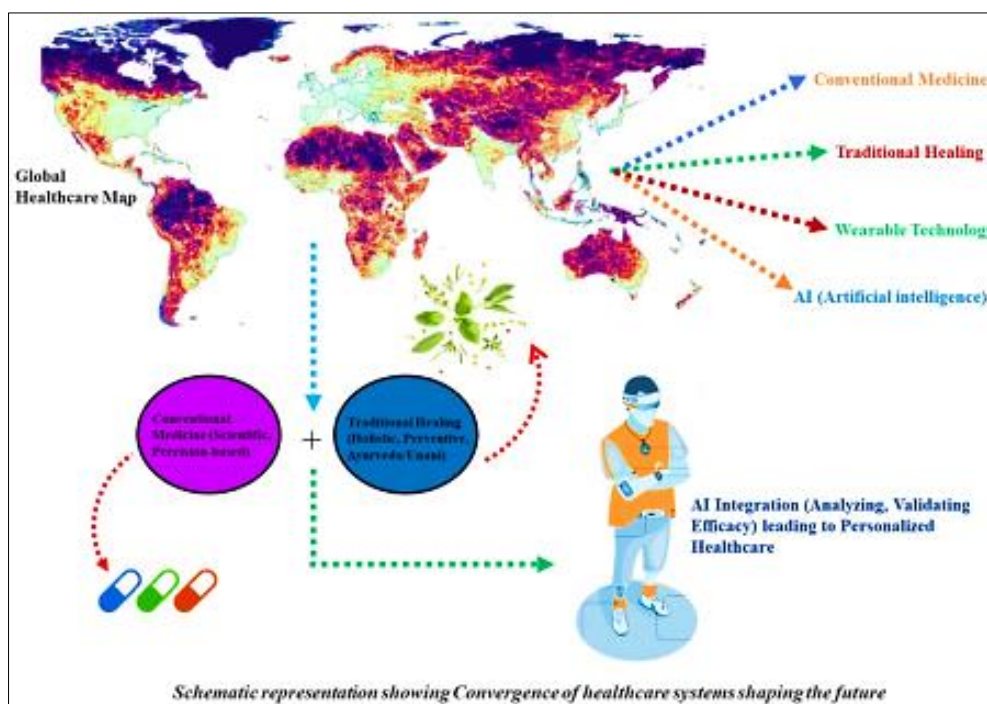
Abstract

The merging of traditional medicine, electronic gadgets, artificial intelligence (AI), and conventional medicine is changing the face of healthcare globally. Traditional medicine, which is renowned for its accuracy and research-backed methodology, is increasingly being supplemented with the holistic and preventative techniques of ancient medicinal systems like Ayurveda and Unani. The integration of wearable gear with AI enhances healthcare delivery by making diagnoses more precise, enabling patients to have their treatment plans tailored to their specific needs, and enabling remote patient monitoring. This review aims to explore how advancements in communication technology, AI-driven diagnostics, and contemporary pharmacology are assisting in merging conventional and traditional healthcare methods. Ethical concerns, including as data privacy, AI biases, and the veracity of traditional medications, are examined through the lens of critical analysis. A unified healthcare system that incorporates the best features of both models can improve medical treatment in many ways, including personalization, accessibility, and efficiency.

Keywords: AI; Communication technologies; Conventional medicine; Ethical considerations; Traditional healing practices; Wearable technologies

* Corresponding author: Sudhanshu Kumar Jha

Graphical Abstract



1. Introduction

A new paradigm is emerging in healthcare as a consequence of the convergence of electronics, AI, and medicine, which is closing the gap between more conventional and more traditional approaches. Improving diagnostic accuracy, therapeutic efficacy, and patient outcomes is the overarching goal of this interdisciplinary effort. Some examples of modern medical devices that rely substantially on electrical components include wearable health monitoring and sophisticated imaging systems. These sensors can gather massive amounts of data, allowing for continuous patient monitoring and the rapid identification of suspected health issues [1]. By delving into complex datasets, AI is bringing about a paradigm shift in healthcare by illuminating insights and patterns that humans just cannot. Some of the ways AI is being used in healthcare are automated diagnoses, personalized treatment plans, and predictive analytics [2]. One example is the ability of AI algorithms to analyze medical images with great precision; this capability can help in the early detection of diseases like cancer [3]. The word "traditional medicine" encompasses a wide range of practises that have been used for a long time, from conventional to more alternative approaches. Comprehensive care that attends to one's physical and emotional health can be achieved by combining traditional practices with modern technology. For example, AI can optimize the usage of conventional medications by identifying the most effective treatments using patient-specific data [4]. In addition to improving healthcare delivery, this integration tackles issues like increasing costs, limited access, and the need for personalized treatment. Healthcare systems have an opportunity to offer more equitable and effective solutions by combining the best features of conventional and traditional methods [5]. Many plant-related diseases and conditions have been researched and documented in the literature. Some of these include: *Mimosa pudica* L. [6], *Cyperus scariosus* [7], monkeypox [8], epilepsy [9], COVID-19 [10, 11], *magnifera indica* [12], *Solanum lycopersicum* L. phytoconstituents [13], conjunctivitis [15], phytochemicals derived from *Daucus carota* [14], and more. [16] Making patches with the antimicrobial ingredient *Ocimum santum* Linn. On the other hand, certain soil components may be grown or destroyed by fungi [17,18]. The pest-causing insects that belong to the Gram Vigna family [19]. The synthesis of phytochemicals in heterologous systems, as well as the ciprofloxacin rings with broad antibacterial action [20]. Figure No. 1 Depicted the picture depicts the merging of electronics, artificial intelligence, and conventional medicine in healthcare, with an emphasis on the use of wearable gear, AI-driven diagnostics, and conventional therapeutic practices including herbal remedies. It highlights the way these innovations work together to enhance patient care and results. There are also depictions of ethical concerns, such as data privacy and the need to validate traditional cures through science. This review aims to explore how advancements in communication technology, AI-driven diagnostics, and contemporary pharmacology are assisting in merging conventional and traditional healthcare methods. Ethical concerns, including as data privacy, AI biases, and the veracity of traditional medications, are examined through the lens of critical analysis. A unified healthcare system that incorporates the best

features of both models can improve medical treatment in many ways, including personalization, accessibility, and efficiency.



Figure 1 The picture shows how wearable tech, AI-driven diagnostics, and conventional healing methods like herbal remedies are coming together in healthcare, highlighting the confluence of electronics and traditional medicine. It demonstrates how these advancements complement one another to improve health outcomes for patients. Data privacy and the need to validate traditional medicines through science are two examples of the ethical problems that are represented

2. Innovation in Healthcare with Electronics and AI

When it comes to healthcare, the use of electronic devices and artificial intelligence (AI) has led to better diagnostics, more effective treatments, and better patient outcomes [21]. Wearable health monitors, pacemakers, and sophisticated imaging systems are just a few examples of the medical devices that rely heavily on electronic components [22]. All of these parts work together to allow for constant patient monitoring and the early detection of illnesses [23]. As a counterpoint, AI has utterly transformed the healthcare industry by analyzing vast amounts of data in ways that humans simply cannot [24]. Some examples of AI applications in healthcare include automated diagnostics, tailored medicine, and predictive analytics. The precision and effectiveness of healthcare are greatly enhanced by these applications. For instance, in radiology, AI algorithms have the potential to detect cancer and other early signs of illness with a high degree of accuracy, allowing for prompt interventions. In addition to improving patient care, this technological integration helps alleviate issues including growing healthcare costs and limited access to medical services [25].

3. Redesigning the Delivery of Healthcare Options

A major factor in the modernization of healthcare delivery, which has led to more accessibility and efficiency, is the introduction of communication technologies [26]. Providing clinical services remotely through digital communication techniques, or telemedicine, has greatly increased access to healthcare, especially in underserved and far-flung areas, while also decreasing expenses [27]. Healthcare providers' ability to manage patient information, streamline processes, and coordinate treatment has all been greatly improved since the introduction of electronic health records (EHRs) [28]. Mobile health applications, or mHealth, empower patients to take an active role in their healthcare by giving them access to health records and self-monitoring tools [29]. These innovations have not only raised the bar for medical treatment, but they have also lowered the barriers to patient engagement and treatment adherence [30]. More advancements in the use of communication technologies in healthcare are likely to come, bringing even more benefits to patients and making the healthcare system more efficient.

4. Medical Technology Advances

The use of electronics in medicine has introduced a revolution in healthcare, which has been aided by advancements in medical devices and diagnostics, telemedicine, and wearable technology. Electronic medicine dispensing devices, smart inhalers, and remote monitoring systems are only a few examples of the medical technology that has greatly enhanced patient care in recent years [31]. Thanks to these devices, precise diagnoses and more efficient treatment delivery are now within reach. Patients can now access medical treatment through virtual clinics thanks to the rise of telemedicine, which is enabled by digital communication platforms and thereby removes geographical barriers. Healthcare has become more affordable and more accessible as a result of this [32]. An integral part of remote patient monitoring, especially during the COVID-19 pandemic, has been the use of information and communication technologies (ICTs) like Internet of Things devices, wearable body sensors, and artificial intelligence algorithms to track health parameters and guarantee quick interventions [33]. Proactive health management and individualized healthcare delivery have been boosted by wearable electronics like activity trackers and smartwatches, which allow users to gather and track their own health data [34]. By enhancing efficiency, expanding availability, and centering attention on the individual patient, these technologies enhance healthcare delivery.

5. AI-Powered Diagnostics and Personalized Care

The advent of AI-powered personalized medicine diagnostics has the potential to radically alter the healthcare system by allowing for the development of highly tailored treatment plans for each patient according to their unique genetic and clinical characteristics. A key component of this change is the use of deep learning models and other machine learning methods. Algorithms like this allow for the development of tailored treatment plans and increase the precision of diagnostic instruments [35]. Utilizing AI in drug discovery expedites the process of discovering potential drug candidates, enhances lead compounds, and predicts the safety and efficacy of drugs. Because of this, the time and money needed for conventional drug development approaches is drastically reduced [36]. Also, studies involving complementary and alternative medicine are beginning to incorporate AI into their methodology. To find active substances, predict their therapeutic effects, and analyze massive datasets from herbal medicine studies, machine learning approaches are being used [37]. Taken as a whole, these developments demonstrate how AI has the ability to revolutionize various aspects of healthcare, including diagnosis, treatment, and the integration of tasks typically linked to the medical field.

6. Health Integration Models

Modern pharmacology relies on state-of-the-art techniques derived from genetics, molecular biology, and biochemistry to target specific illnesses and ailments; it is an essential part of conventional medicine. These therapies use precision medicine and biological therapy to try to help patients [38]. By utilizing natural treatments, dietary changes, and lifestyle modifications, traditional medical systems like Ayurveda and Unani, which have their roots in ancient practices, aim to achieve holistic health by balancing the body's various parts [39]. Contrasted with Unani medicine's focus on regulating the four humors blood, phlegm, yellow bile, and black bile-Ayurveda focuses on achieving balance among the three doshas-Vata, Pitta, and Kapha [40]. Integrative healthcare models are gaining popularity because they take a holistic approach to patient treatment by addressing mental, emotional, and spiritual health in addition to physical health [41]. By combining the best features of both systems, this approach promotes overall health while also meeting each patient's unique treatment needs [42]. Figure No 2. Showing the precision medicine, biological therapies, Ayurvedic doshas, and Unani humors are all featured in this picture, which combines modern pharmacology with

traditional medicine to provide a holistic healthcare strategy. This piece beautifully showcases the power of combining modern science with time-tested medicinal practices to promote optimal health.

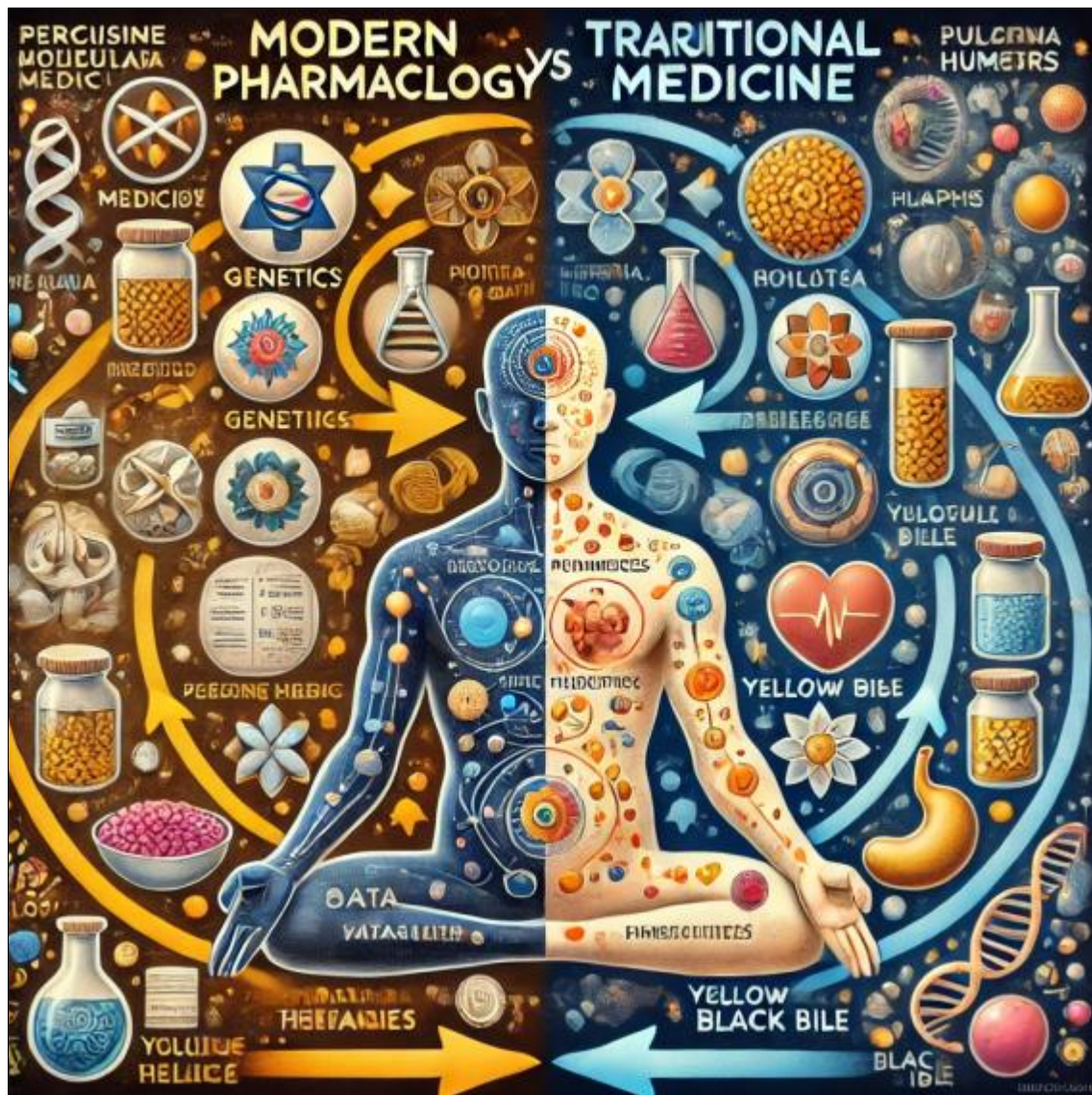


Figure 2 The picture is a visual representation of the merging of contemporary pharmacology with conventional medicine; it shows how scientific medicines, Ayurvedic doshas, and Unani humors have all come together to form a holistic healthcare approach. Integrating modern medicine with time-tested healing techniques, it shows how both can improve health.

7. Transforming Traditional Medicine

By enhancing diagnostic precision, treatment personalization, and patient monitoring, the integration of electronics and artificial intelligence into traditional medical practices is generating a revolution in the healthcare business. Wearable devices, including AI-enabled pulse monitors, are being used in Ayurvedic treatment to continuously track vital indicators and imbalances in doshas. The real-time data provided by these devices allows practitioners to make precise modifications to treatment plans [43]. Artificial intelligence (AI) is vital in improving conventional treatment plans by sifting through mountains of patient data, including genetic, biomarker, and historical health records, to develop individualized treatments that adhere to standard practices [44]. For instance, in Ayurvedic pulse diagnosis (Nadi Pariksha), AI algorithms could potentially detect subtle variations that human practitioners would miss, leading to a more accurate diagnosis [43]. Case studies show how these technologies have been effectively integrated. One use of AI is the personalization of Unani medicines through the analysis of patient-specific data and the prediction of treatment outcomes. The positive effects of treatment have increased while the negative ones have been reduced as a result of this

[45]. Incorporating AI and other technological devices into conventional medicine not only increases treatment efficacy but also expands access to personalized, holistic healthcare [46].

8. Integrated Healthcare Ethics Issues

The integration of AI and electronics into healthcare, including conventional medicine, raises several important ethical questions and challenges [47]. There must be safeguards in place to prevent breaches and illegal access to the massive quantities of sensitive health data collected by wearables and AI systems. Ensuring the privacy and security of data is our top priority. Ensuring robust encryption and compliance with regulations like GDPR are crucial for preserving patients' trust. Concerning the openness and responsibility of AI algorithms, there are moral dilemmas that arise when AI is used to make healthcare decisions [48]. An elimination of biases and the assurance of equal treatment of all populations should be the goals of their design. Finding a happy medium between conventional wisdom and scientific confirmation is another obstacle. However, there needs to be evidence-based practice and thorough research to integrate traditional medicine's valuable holistic approaches with scientifically verified methodologies. This is necessary to ensure both safety and effectiveness. Figure No.3: Displaying an efficient and balanced healthcare system. In order to tackle these challenges, a multidisciplinary approach is required. To create a healthcare system that works for everyone, this method should incorporate new technologies while also taking ethical considerations and cultural norms into account [49].



Figure 3 A Healthcare system that is both balanced and efficient

9. Conclusion

This Review successful in collaborating the integration of AI and electronic devices into both conventional and traditional medical procedures, a substantial paradigm change has occurred in the delivery of medical treatment. Conventional systems benefit from artificial intelligence's ability to analyze large datasets and generate results predictions. However, by integrating wearable tech and AI-driven insights, conventional medical practices can improve accuracy and individualization. Telemedicine, medical equipment, and communication technology are just a few examples of how the integration of many technologies has greatly improved healthcare accessibility and efficacy. Nevertheless, there are still many challenges that must be met, most notably those related to the ethical implementation of AI, the safeguarding of private information, and the need for comprehensive scientific verification of conventional methods. It is critical to employ a balanced and comprehensive interdisciplinary strategy in order to build a healthcare system that tackles these challenges while maximizing the benefits of conventional and traditional treatments.

Future Directions

To better integrate electronics, traditional medicine, and artificial intelligence in healthcare, future research should focus on a few key areas. To ensure fair healthcare delivery and the elimination of biases, it is crucial to develop AI that is both effective and ethical. The main objective should be to build systems that are both accountable and transparent. In order to protect sensitive health information, it is equally necessary to increase data security. This involves implementing privacy safeguards and complying with regulatory standards internationally. To bring traditional medicine into line with modern pharmacology, it must undergo stringent scientific validation through large-scale, evidence-based investigations. One of the main goals of developing wearable equipment should be to monitor more health variables. This would allow for real-time therapy modifications, which is very important in traditional medicine. Expanding the availability of AI-driven diagnostics and telemedicine to underserved areas is also crucial for improving healthcare accessible worldwide. This will make sure that more people can benefit from these healthcare advancements that are integrated.

Compliance with ethical standards

Disclosure of conflict of interest

No conflict of interest to be disclosed.

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