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# Diagnostic accuracy of laparoscopy in non-traumatic emergency abdominal surgery

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# Abstract

**Introduction:** Laparoscopy with high diagnostic accuracy allows for complete and direct visualization of the intraperitoneal viscera, significantly reducing therapeutic errors.

The objective of our study was to evaluate the diagnostic accuracy of laparoscopy in the management of non-specific acute abdomen.

**Material and Methods:** Descriptive and prospective, evaluative study conducted between February 2018 and October 2021, focusing on the role of emergency abdominal laparoscopy.

**Results:** Specificity, sensitivity, positive predictive value, and negative predictive value of laparoscopy in our patients were 100%. Intraoperatively, laparoscopy corrected the preoperative diagnosis in 15.73% of cases. It prevented unnecessary laparotomies in 05 cases.

**Conclusion:** Laparoscopy has a very high diagnostic accuracy. It can be safely used in emergency abdominal surgery, as a substitute for laparotomy.

Keywords: Laparoscopy; Diagnostic accuracy; Non-traumatic emergency; Abdominal surgery

# 1. Introduction

Laparoscopy with high diagnostic accuracy enables complete and direct visualization of the intraperitoneal viscera, significantly reducing therapeutic errors, allowing for concomitant surgical treatment, improving postoperative conditions, and managing certain patient categories such as obese individuals and pregnant women [1,2]. Some authors are convinced that laparoscopy can have an exclusively diagnostic role. When performed correctly, its diagnostic yield surpasses various complementary investigations and explorations. Mortality and morbidity are also reduced [3].

Indeed, in emergency situations, hastily performed preoperative radiological explorations, especially at night, may overlook essential diagnoses, particularly in cases with challenging differential diagnoses. In such situations, laparoscopy allows exploration of the entire peritoneal cavity through a minimally invasive incision, regardless of the pathology or organ involved. This is in contrast to conventional surgery, which either does not allow exploration of the entire peritoneal cavity through elective routes or requires large incisions for complete exploration.

The objective of our study was to evaluate the diagnostic accuracy of laparoscopy in the management of non-traumatic acute abdomen.

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# 2. Material and Methods:

#### 2.1. Study Design

This was a descriptive and prospective evaluative study conducted between February 2018 and October 2021. Our study focused on 337 patients who underwent laparoscopic surgery for non-traumatic acute abdominal emergencies.

### 2.2. Study Population

We included all adult patients aged 15 years and older presenting solely with non-traumatic acute surgical abdominal emergencies where laparoscopy was already recognized as the gold standard or had a strong level of evidence. These included acute appendicitis and its complications (such as abscesses, phlegmons, and generalized peritonitis), acute lithiasic cholecystitis with symptom onset within the past 7 days, peritonitis due to perforated peptic ulcer, acute intestinal obstructions due to adhesions, ectopic pregnancies, ovarian cyst torsions, and non-specific acute abdominal pain.

We excluded patients classified as ASA (IV), those in septic shock or hypovolemic shock, and traumatic emergencies from this study.

#### 2.3. Patients Recruitment

Patients were recruited through surgical and gynecological emergencies during on-call shifts (24 hours). Prior to hospitalization, all patients underwent a comprehensive and meticulous clinical examination.

All hospitalized patients received a standard preoperative assessment including: complete blood count, blood grouping, prothrombin time, urea, creatinine, blood glucose, chest X-ray (CXR), and electrocardiogram (ECG). The majority of our patients underwent abdominopelvic ultrasound. Depending on clinical indications, additional complementary tests, both biological and radiological (CT and/or MRI), were requested to support the diagnosis (based on the pathology).

All patients underwent preoperative anesthesia consultation with ASA classification. A detailed record was established for each patient. In cases of significant discordance between clinical, radiological, and laboratory findings, laparoscopy was used for diagnostic and potentially therapeutic purposes.

#### 2.4. Evaluation Parameters:

- Perioperative morbidity (Complications related to the surgical approach).
- Postoperative morbidity: (Postoperative complications).
- Overall mortality rate and mortality rate by pathology.
- Length of hospital stay.
- Diagnostic accuracy of laparoscopy.
- Rate of purely diagnostic laparoscopy.

# 3. Results

In our study, 337 patients were included and underwent surgery. Among them, 190 were female (56.4%), with a mean age of 38 years ± 15 years (range 15 to 82 years). The body mass index (BMI) was greater than 25 in 179 patients (53.11%). Comorbidities were found in 109 patients (32.3%), and abdominal scarring was present in 90 patients (26.7%). Patients were classified as ASA I in 74.8% (252 patients), ASA II in 22% (74 patients), and ASA III in 3.3% (11 patients). Pregnant women accounted for 4.2% (08 patients), with a mean gestational age of 15 weeks ± 7.29 weeks (range 7 to 29 weeks).

Preoperative abdominopelvic ultrasound was performed in 320 patients (95%).

In the remaining 17 patients (5%), either ultrasound was not necessary (e.g., intestinal obstructions due to adhesions) or patients already had a CT scan upon arrival at the surgical emergencies. Abdominopelvic CT scan was performed only when necessary and in the absence of contraindications in 56 cases (16.61%). MRCP was performed in 07 patients (2.07%).

We encountered radioclinical discrepancies in 14 patients (4.16%). Radiological explorations (especially abdominopelvic ultrasound) performed hastily in emergency settings are sometimes inconclusive and prone to confusion.

These cases involved suspected acute appendicitis in 07 patients (2.1%). There was a discrepancy between the clinical presentation and inconclusive ultrasound findings. CT scan was not accessible.

A precise diagnosis was possible preoperatively in 310 patients (92%) based on clinical data and/or complementary examinations (biological and radiological).

Preoperative diagnosis was uncertain in 08.1% of cases (n=27 patients):

- In 13 patients (3.86%), there was a strong suspicion of ovarian cyst torsion based on concordance between clinical data and preoperative ultrasound findings. Pelvic MRI was not available to formally confirm the diagnosis of adnexal torsion.
- In 07 patients (2.1%), there was suspicion of acute appendicitis. There was a discrepancy between the clinical presentation and inconclusive ultrasound findings. CT scan was not accessible.
- In another 07 patients (2.1%), there were non-specific acute abdominal pains, where no specific diagnosis was made preoperatively despite biochemical and morphological assessments (ultrasound and CT scan).

Laparoscopy was used for therapeutic purposes in 310 patients (92%), for diagnostic and therapeutic purposes in 20 patients (5.94%), and purely for diagnostic purposes in 07 cases (2.1%).

Table 01 summarizes the different operated pathologies, along with preoperative diagnosis and intraoperative diagnostic correction.

Preoperative diagnosis			Intraoperative diagnosis				
Pathologies		%	Pathologies	N	%		
Acute appendicitis (Simple and complicated)		77 52.6 Acute appendicitis (simple and complicated)		178	53		
Acute lithiasis cholecystitis	88	25.9	Acute lithiasis cholecystitis	88	25.9		
Adnexal torsion		04.5	Adnexal torsion	27	07.5		
Ectopic pregnancy	23	06.9	Ectopic pregnancy	23	06.9		
		3	Perforation of bulbar ulcer	09	2.7		
Perforation of bulbar ulcer	10		Ileal perforation	01	0.3		
Adhesive acute intestinal obstruction		2,4	Adhesive acute intestinal obstruction	7	2.1		
	08		Small bowel obstruction on stromal tumor	01	0.3		
Non-specific acute abdominal pain.		2,1	Acute appendicitis	01	0.3		
	07		Adnexal torsion	03	0.89		
			Retrocecal internal hernia	01	0.3		
			No etiology	02	0.6		

**Table 1** Surgical pathologies

Comparing preoperative diagnoses (Table 03) with intraoperative findings (Table 04), we observed that laparoscopic exploration during surgery corrected the preoperative diagnosis in 53 cases (15.73%) (Table 02).

Preoperative diagnosis	n	%	Corrected intraoperative diagnosis
Suspicion of ovarian cyst torsion	13	3.86 %	Torsions of proven ovarian cysts
Uncomplicated acute appendicitis	09	2.67 %	Appendicular abscess
Suspicion of acute appendicitis	07	2.07 %	Acute appendicitis
Uncomplicated acute appendicitis	05	1.48 %	Appendix plastrons
Uncomplicated acute appendicitis	03	0.89 %	Generalized appendix peritonitis
Uncomplicated acute appendicitis	02	0.59 %	Torsions of ovarian cysts
Uncomplicated acute appendicitis	02	0.59 %	Acute appendicitis + associated Meckel diverticulum
Uncomplicated acute appendicitis	01	0.3 %	Acute appendicitis + associated ovarian cyst
Appendicitis aigue non compliquée + Grossesse extra- utérine gauche	01	0.3 %	Acute appendicitis + intrauterine pregnancy
Plastron appendiculaire	01	0.3 %	Abscessed appendiceal mass
Acute non-specific abdominal pain	03	0.89 %	Acute appendicitis
Acute non-specific abdominal pain	01	0.3 %	Ovarian cyst right hemorrhagic
Acute non-specific abdominal pain	01	0.3 %	Retrocaecal internal hernia
Right ectopic pregnancy	01	0.3 %	LEFT ectopic pregnancy
Torsion of the left ovarian cyst	01	0.3 %	Right ovarian cyst torsion
Perforation of a duodenal ulcer	01	0.3 %	Perforation of an ileal loop
Acute intestinal obstruction due to adhesion	01	0.3 %	Obstruction due to a stromal tumor
Total	53	15.73%	

Table 2 Summary of intraoperative recovery cases of preoperative diagnosis

#### 3.1. Diagnostic Accuracy of Laparoscopy

Calculation of Specificity, Sensitivity, Positive Predictive Value, and Negative Predictive Value of Laparoscopy in our Patients:

A notable observation: all intraoperative diagnoses established by laparoscopy in our study were accurate. Indeed:

• In 335 patients, laparoscopy identified an etiology corresponding to the clinical symptoms (true positives).

• In 02 patients, no organic lesion was found (this diagnosis is also accurate), indicating true negatives.

The diagnostic accuracy, diagnostic sensitivity, diagnostic specificity, positive predictive value, and negative predictive value of laparoscopy were 100% in our study.

**Table 3** Specificity, sensitivity, positive predictive value, and negative predictive value of laparoscopy in our patients.

	Etiological diagnosis established	No etiological diagnosis found	Total	
Positive laparoscopy	335 (True positives)	0 (false positives)	335	VPP = 100 %
Laparoscopy negative	0 (False negatives)	02 (True negatives)	02	VPN = 100 %
total	335	02	337	
	Sensitivity = 100 %	Specificity= 100 %		

The average operating time was 52.09 minutes ± 24.14 minutes, (Range 14 to 178 minutes). The average hospital stay was 1.5 days (range 1 to 8.5 days).

No deaths were recorded, and the rate of postoperative complications was 6.2%.

#### 4. Discussion

Laparoscopy, with its high diagnostic accuracy, allows for complete and direct visualization of the intraperitoneal viscera, significantly reducing therapeutic errors, enabling concurrent surgical treatment, improving postoperative conditions, and facilitating the management of certain patient categories such as obese individuals and pregnant women [1,2].

The diagnostic accuracy, diagnostic sensitivity, diagnostic specificity, positive predictive value, and negative predictive value of laparoscopy in our study were 100%.

This flawless diagnostic precision of laparoscopy in our study is attributable to several factors. The sample size, indeed, with a larger sample than ours, this precision would likely be lower. The involvement of multiple operators and lack of experience in emergency surgery in general and laparoscopic surgery in particular could also reduce the diagnostic precision rate of laparoscopy (in our study, there was only one operator who had previously undergone basic laparoscopic surgery training).

Some authors are convinced that laparoscopy can have an exclusively diagnostic role. When performed correctly, its diagnostic yield surpasses various complementary investigations and explorations. Mortality and morbidity are also reduced [3]. The series by Cuesta on 63 patients with generalized peritonitis demonstrated the purely diagnostic role of laparoscopy, avoiding laparotomy in 59% of patients [4,5].

Several series have demonstrated that laparoscopy avoids unnecessary laparotomies in 36% to 95% of cases [6,7,8]. Laparoscopy confirmed the preoperative diagnosis in 84.27% of cases and corrected the preoperative diagnosis in 15.73%. In Carlo Caruso's series, the diagnostic accuracy is 100%. Laparoscopy corrected the preoperative diagnosis in 5.6% of cases, avoiding unnecessary laparotomy [9]. Moreover, numerous studies have demonstrated the feasibility and safety of diagnostic laparoscopy under general anesthesia [6,10]. Its overall morbidity in the hands of experts ranges from 0% to 8%, with no mortality directly related to this procedure reported [6,11,12]. The diagnostic accuracy of laparoscopy ranges from 89% to 100% [13,14,15] (Table 04).

Series	Caruso [9]	Cissé [16]	Fecteau [17]	Muhim [18]	Hallfeldt [19]	Zantut [20]	Golash [21]	Our study
Sample size	300	100	50	176	15	1320	233	337
Rate of diagnostic accuracy of laparoscopy	100 %	96 %	90 %	89 %	100%	96 %	90 %	100%

**Table 4** Emergency Laparoscopic Diagnostic Accuracy Rate

# 5. Conclusion

Our results suggest that laparoscopy allows for high diagnostic accuracy, enabling exploration of the entire abdominal cavity, with a positive predictive value and negative predictive value approaching 100%. It can be safely used in emergency abdominal surgery, as a substitute for laparotomy. However, we remain convinced that the diagnostic utility of laparoscopy is intimately linked to its therapeutic value.

# **Compliance with ethical standards**

#### Statement of ethical approval

The data and files of patiénts presented in this manuscript are available at the Department of General Surgery of the University Hospital of Ain Taya.

#### Statement of informed consent

All patients consent to their inclusion in this work and the publication of the results.

#### Author Contributions

All authors contributed to this work.

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### Availability of Data and Materials

The data (Patient records, information sheets for each patient) are available and entered in Excel and Word formats

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