



(RESEARCH ARTICLE)



## Influence of involvement in clubs and organizations on the leadership development of students

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### Abstract

A well-rounded education includes extracurricular activities because they give students the chance to apply their academic knowledge in a practical setting and serve as a means of reinforcing classroom lessons. In clubs and organizations, which are essentially tiny communities where they are welcomed, a student can express themselves, polish their strengths, feel a strong sense of shared ownership, and most importantly, gain the skills they need to become people-for-others. Organizations and clubs are particularly part of student's school life. Participating in any group, anywhere in the globe, can help someone develop a set of skills that support the growth of their leadership traits. Student organizations offer one opportunity for students to identify and test their leadership abilities. This study focus on the influence of involvement in clubs and organizations on the leadership development of the students. According to Keating, leadership development initiatives should not only attend to the development of skill but also show unwavering focus to the wide range of factors that enable the student to practice the behaviors of effective leaders. On the conducted study it was found that involvement of students in clubs and organizations does influence their leadership development. Along with leadership development, joining further helps the students to improve communication skills as well as social skills.

**Keywords:** Club; Organization; Leadership Development; Extra cu-curricular; Involvement

### 1. Introduction

Concepts and measures created for studying motivation in free choice play situations have limited applicability to the study of student motivation for participating in academic activities because classrooms are work environments in which students are engaged in mandatory activities, and because the work involved is largely intellectual rather than physical. This study aims to determine whether involvement in club and organization does really affect student leadership.

A student can express themselves, hone their gifts, feel a strong sense of shared ownership, and most crucially, learn the skills they need to become people-for-others in clubs and organizations, which are essentially little communities where they are welcomed. A club is a group of students who have a common goal and are not under the direct control of Student Activities. Although clubs must work with an advisor, daily operations are handled by student members because club management is meant to be a learning experience for students. In contrast, an organization is a group that is closely associated with a campus department and is under the direction of that department rather than Student Activities. The duty to counsel the group is frequently included in a department member's job description.

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This research will discuss the influence of clubs and organization involvement to the students' leadership development. The discussion will focus on the effects of clubs and organizations on student's leadership skills. The following are the questions that this research needs to answer at the end of the study.

- What is the great influence it gives to the students that is beneficial to be used?
- How do these skills make an advantage into facing the real world?
- Does joining clubs help students in the future?
- Is it necessary for a student to join organizations during middle school?
- Does joining clubs and organizations a factor that the students find helpful to the community?

Conducting this research will help the school administrators to further understand the importance of clubs and organizations in life as a student. Additionally, this will also encourage the students who are not fond of clubs and organizations to join and be interested in its benefits and advantages. Hence, this research aims to examine the importance of developing the student's leadership skills.

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## 2. Review of related literature of the study

Student leaders need a space for self-improvement if they're to develop the critical leadership abilities. However, the training, which mostly concentrates on theory, places little emphasis on practical leadership qualities. That student groups are distinguished by a substantial level of diversity. Organizations perform a wide range of various tasks, such as governance, religion, sports and sporting activities, volunteer work in the community, professional development issues, cultural issues, and academic issues. The behavioral types described which span the analyst, socializer, director, and relater—are likely to be encountered by the student leaders. Thus, we will see if comprehension of leadership personalities and behavioral patterns enables students to identify certain leadership areas that require development.

Effective leaders must also possess a variety of leadership skills, including business acumen, the will to lead, drive, self-assurance, honesty, and emotional stability. A person may acquire a set of talents that aid in the development of their leadership qualities by participating in any organization anywhere in the world. One of the chances for students to discover and put their leadership skills to the test is through student groups. However, a lot of scholars don't pay enough attention to how student groups help students grow their knowledge, abilities, and competences. We will investigate this gap to see whether student organizations assist student leaders in developing their leadership skills. Keating et al (2019) proposed that leadership development initiatives should not only attend to the development of skill but also show unwavering focus to the wide range of factors that enable the student to practice the behaviors of effective leaders.

As was already noted, firms must have compelling leaders who can meet the demands of a rapidly evolving business environment. Cultural sensitivity is one of the qualities of resonant leaders and can be developed by joining foreign student leadership organizations. In this situation, the organizations can create open-minded leaders who can lead diverse teams by tolerating opposing viewpoints. Therefore, these leaders can be in a position to recognize and value the needs of others. The students' participation in intercultural activities should provide them with the necessary leadership abilities to use in the complicated environment of the twenty-first century. The experiences of engaging with students from different nationalities have the potential to empower them with the skills required to work in different countries across the globe.

The research on the influence of involvement in clubs and organizations on the leadership development of students has generally found that involvement in such activities is positively related to leadership development. This relationship has been found in a variety of settings, including higher education and youth development programs. Moreover, studies have shown that involvement in clubs and organizations can provide students with opportunities to practice leadership skills, gain exposure to diverse perspectives and experiences, and learn from more experienced leaders. Additionally, research has suggested that certain types of involvement (e.g., holding a leadership position, participating in a leadership development program) may be more strongly related to leadership development than others.

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## 3. Methodology

This study is the quantitative research where the researcher gathers the data by creating a survey questionnaire. The researcher will use random sampling technique as for choosing the respondents. Simple random sampling is a type of probability sampling in which the researcher randomly selects a subset of participants from a population. Random sampling ensures that results obtained from your sample should approximate what would have been obtained if the entire population had been measured. The simplest random sample allows all the units in the population to have an

equal chance of being selected. The respondents are students of His Care Christian Institute, Darasa. It is an institution located at 1167 Darasa, Tanauan City, Batangas. The respondents are the students who are participating in clubs and organizations, and other school extra cu curricular activities.

The researcher collected the survey questionnaires to analyze and examine. The gathered data will determine the result of the study. The researcher will use the mean computation for the result. The result will be evaluated and organized for the conclusions of the research.

#### 4. Results and discussion

The data gathered from the case study sample cases are presented in this chapter as research findings. The interview serves as the primary data source, and library research is used to enhance it. The results will be discussed in respect to the study's declared research goals. The methods chapter already covers the technique used to analyze the data.

**Table 1** First part of the survey results

Questions	Percentage	Interpretation
Does joining club or organization beneficial to you as a student?	100%	Yes
Do club or organization helps you in gaining additional skills?	100%	Yes
Is this helpful for your future preference?	100%	Yes
Is it necessary for a student to join a club or organization?	78.6%	Yes

The first part of the research questionnaire is intended of find out whether joining clubs and/or organizations are beneficial and helpful to the students in future preference and to determine that joining is necessary or not. This part was answered by yes or no by the respondents. On the table above, all respondents responded yes for joining club and/or organization is beneficial, same as that it helps students on having additional skills. Additionally, is it helpful for future preference has a 100% of yes. Hence, several respondents, 21.4% says no that it was not necessary to join club and/or organization as a student, meanwhile 78.6% says yes and it was necessary.

**Table 2** Second part of the survey results

Questions	Mean	Interpretation
Does being in a club or organization helpful in community?	4.75	Strongly Agree
Does this involvement helps you in developing leadership skills?	4.6	Strongly Agree
Did your communication skills enhance during club or organization involvement?	4.5	Strongly Agree
Is the involvement in clubs or organizations influence students' leadership development?	4.3	Strongly Agree
Is the involvement in clubs or organization help student's academic performance?	4.6	Strongly Agree
Total Mean Computation	4.55	Strongly Agree

Strongly Agree- (5.0-4.3), Agree- (4.2-3.5), Neutral- (3.4-2.6), Disagree- (2.5-1.8), Strongly Disagree- (1.7-1.0)

Table 2 shows the mean computation for the second part of survey. Being in a club and/or organization is helpful in the community has 4.75 mean which is Strongly Agree. Involvement helps developing leadership skills has 4.6 which interpreted as Strongly Agree. Communication skills enhance when joining clubs and/or organizations has 4.5 and strongly agree. Clubs and organizations influence leadership development and helps academic performance has strongly agree and 4.3 and 4.6 respectively. The total mean computation has 4.55 which interpreted as strongly agree.

Based on the results above, involvement in clubs and organizations does influence students leadership skills and beneficial in going additional skills and improvement in academic performance.

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## 5. Conclusion

Based on findings, the researcher concluded that involvement in extracurricular such as joining in clubs and/or organizations influence the development of leadership skills of the students. This also boost the student's communications skills and improves academic performance. Student's involvement on clubs and organizations also helps community.

Researcher recommends that as a student, it is important to involve in extracurricular activities to helps and improve skills as well as social development. Clubs and organizations has different type of activities as well as students that helps in self-improvement good for future preference.

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## Compliance with ethical standards

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### *Statement of informed consent*

Informed consent was obtained from all individual participants included in the study.

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## Author's short Biography



**Ruth Paragoso Sumague** A woman with dignity and passion in teaching, an License Professional Teacher, a graduate of Masters Degree and now having her doctor of education. Featured in Smart Parenting, working at His Care Christian Institute from Feb 2007 up to present. She has three kids and married to Mr. Demeson D. Sumague.