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Container security in the cloud: Hardening orchestration platforms against emerging threats

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## **Abstract**

Container proliferation and platform orchestration tools like Kubernetes have accelerated the deployment and scalability of applications in the cloud. However, these advances come at a cost, and the old and new environments are vulnerable to lateral movement attacks, misconfiguration, unpatched container images, and inadequate access control. This paper explores comprehensive strategies to enhance container security, focusing on key areas: Network security policies, runtime security, access management, supply chain security, and orchestration platform security. The proposed framework emphasizes network segmentation, real-time anomaly detection, robust role-based access control (RBAC), automated vulnerability assessments, and optimized network configurations. In a pilot implementation, the framework reduced security incidents by 35%, improved compliance by 25%, and boosted overall operational efficiency by 20%. The success rates, proven in this study, confirm the possibility of a balanced security model for defending successful workloads in cloud orchestration platforms against external attempts of unauthorized access and data manipulation. This work emphasizes the necessity for new approaches to protecting highly dynamic containerized environments as we know them today.

**Keywords:** Container Security; Cloud Computing; Kubernetes; Orchestration Platforms; Cybersecurity; RBAC; Network Policies; Supply Chain Security

## **1. Introduction**

Containerization has become an influential landmark in developing contemporary cloud architectures, thanks to improved scaling, portability, and optimized application deployment (Rajan & Shanmugapriyaa, 2013). A container hosts an application and all the components for its execution, thereby standardizing execution between different environments. This development has led to orchestration platforms, of which Kubernetes is now becoming one of the essential tools for managing containerized applications at scale (Khan, 2017). Kubernetes automates critical tasks like container distribution, scaling, and management, simplifying large-scale operations: this comes in handy when handling large container operations since other aspects of the process come with complications (Pahl & Lee, 2015). The advantages of containers are not limited to a better organization of the operational fronts; they allow architectures of microservices, better use of the resources, and accelerated developmental cycles. Nevertheless, using containers this way exposes them to risks related to resource sharing, compromising container configurations, and difficulty securing dynamic and transient infrastructures. Other security issues highlighted above can only be dealt with if organizations are to harness the full potential of container technologies within clouds.

#### **1.1. Overview**

Security of Containers within cloud settings is critical due to the sensitive nature of the hosted workload (Fernandes et al., 2013). The growing adoption of orchestration platforms, such as Kubernetes, calls for the security of these platforms

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to prevent access, data compromise, and other runtime attacks (Khan, 2017). Container security has several facets: Network Policies, which govern and audit inter-container traffic; Runtime Security, which monitors and responds to external behaviors during container execution; Access Management, which employs robust RBAC and protects the key; and Supply Chain Security, which checks for image and dependency integrity; and Orchestration Platform Hardening Security which restrains of components and channels of a Kubernetes platform. By doing so, organizations can ensure the security of their applications and the infrastructure that supports the containers in the cloud environment.

## **1.2. Problem Statement**

Containerization and orchestration platforms have become the industry standard for cloud computing; however, they increase security risks at the same time. Containerization relies on shared resources, which attackers can exploit for lateral movement between containers undetected. Another source of security issue arises from container configurations and orchestration platforms, resulting in service and data exposure. Furthermore, vulnerabilities within container images that have not been patched open the attackers' way to penetrate the system. Compared with strong access controls, weak access controls result in reduced orchestration platform integrity since it is relatively easy for an attacker to gain control of key infrastructure. Current security programs cannot protect containers' much more fluid and transient environment and fail to offer real-time protection and flexibility. This means containerized environments can easily be vulnerable to data leakage or even runtime attacks and unauthorized access, which can compromise the security of most cloud applications.

### *Objectives*

This research aims to enhance container security practices in cloud environments by developing and evaluating integrated, adaptive measures to mitigate emerging risks. The goal is to research and define relevant and effective security solutions for containerization and orchestration platforms' peculiarities. Further, the research aims to evaluate the appropriateness of Security Interventions: Network Policies, Runtime Security, Access Management, Supply Chain Security, & Platform Hardening to minimize attacks/ breaches. The additional goal is to present recommendations organizations can follow to make their orchestration platforms more secure and protect crucial workflows. When these objectives are realized, this study aims to extend the knowledge in secure containerization and enhance the security of cloud infrastructures. Finally, the research will help organizations protect their containerized applications from threats and improve cloud security.

#### **1.3. Scope and Significance**

This research aims to study containerized applications' security in the cloud environment with over-architectural systems such as Kubernetes. By focusing on the perimeter of what can be secured within containers, the work targets the detection and prevention of risks associated with containers and orchestration. It covers analysis of network policies, runtime security, access management, supply chain security, and platform hardening, all aimed at delivering exhaustive security for container environments. The contribution of this research resides in the interest of cybersecurity experts, cloud architects, and other cloud stakeholders in charge of the cloud's performance and protection. Hopefully, this work adds strengths to enhancing understanding, recommendations, and real-life guides for enhancing security postures, regulatory compliance, and cloud application reliability. It not only solves modern security threats but also provides a basis for the evolution of container security models in the future as an important contribution toward developing secure and stable cloud computing services.

## **2. Containerization and Cloud Computing**

Containerization has also evolved to reflect the changes containerization brought into altered global trade, where shipping containers offered standardization and ensured the simplification of processes (Levinson, 2016). Unlike earlier virtualization methods, which used hypervisors to emulate full operating systems—which can be resource-intensive containerization uses operating system-level virtualization. This enables one host to run different containers simultaneously in other environments, making them more efficient and scalable (Xavier et al., 2014). The usage of container technologies in the cloud computing paradigm has increased dramatically in recent years because of their portability feature, which can run on different platforms. Containers enable the microservices architectures, optimize resource usage, and help define shorter timelines for development. On the other hand, the following disadvantages have been evidenced: Security risks, management and orchestrations involved, and firm management tools needed. Solving these problems is necessary to realize the potential of containerization in contemporary cloud environments.

#### **2.1. Security Threats That Make More Difficult to Protecting Containerized Environments**

Containerized environments bring in a set of different considerations and require other measures to be implemented. General security risks encompass mobility threats where the attacker leverages a container to access another container, and privilege increases where the attacker gains access to a higher level of system permission than authorized for use (Tep et al., 2015). Data leaks are also a big problem since the compromised containers mean the offenders can access the important data. Also, the types of threats that affect a single container include those in the container image and runtime level threats, which remain a security concern (Bui, 2015). These vulnerabilities are further amplified in the open and shared resources of the container environments so that the attacker targets several containers all at once. Many security solutions fail to provide adequate protection for the containers due to the transient nature of these technologies and certain combinations of their unique features, pointing to a need for more comprehensive solution architectures to provide adequate protection to applications implemented on the containers.

### **2.2. Network Policies in Orchestration Platforms**

These containerization network policies are very useful in ensuring the security of environments through segmenting and isolating them. Implementing successful network segmentation reduces the volume of lateral movement attacks by controlling communication between containers under established guidelines (Manu et al., 2016). For instance, the Kubernetes network policies can be imposed using tools such as Calico or Weave Net to outline which pods can interact with others and outside services (Zhang et al., 2015). Various examples have shown that such approvals minimize unauthorized access and configure incidents within some network parts. Through much of the definition and enforcement of network policies, the overall exposure of a system can be minimized so that traffic is only permitted between the containers. Such a multilevel security model is critical for preserving the applications' and data's confidentiality and combating the threats typical of orchestration platforms.

### **2.3. Runtime Security Mechanisms**

Real-time protection is crucial since containerized applications run dynamically and require runtime security measures. These mechanisms entail constantly monitoring the container activity to identify one that might manifest characteristics of a security threat (Gnimpieba et al., 2015). Falco, for example, enables runtime detection based on system calls and imposes security rules to detect potential malicious actions such as file access or privilege escalations (Falco-Walter et al., 2017). Furthermore, complementary to runtime security tools, integration with orchestrators implies that the set of security measures that can be enforced may be capable of responding on their own to threats detected during the analysis, or for instance, may confine specific containers or draw more attention to them. Measures applied in runtime security do not solely assist in preventing present threats but play a role in building long-term stability for containerized ecosystems because it guarantees that protection will evolve as well.

#### **2.4. Access Management Policies**

Protecting containerized environments hinges on effective access management, often implemented through Role-Based Access Control (RBAC). Kubernetes contains RBAC that enables an administrator to grant users roles and responsibilities and subsequently only allow users certain access depending on their duties (Naresh Dulam et al., 2017). Some measures and recommendations that should be advised are protecting important and important levels' credentials, using the principle of least privileges, and reviewing the rights to avoid unauthorized access (Lo et al., 2015). When using a system to support multiple organizations, the problem of access escalates and demands a huge effort to segment the resources and implement sound security measures. Problems like achieving high levels of access policy scalability and avoiding privilege escalation require a more effective approach to access management. Access management not only guards key assets but also increases the savviness of companies about security requirements.



**Figure 1** Flowchart illustrating Access Management Strategies for Secure Containerized Environments

## **2.5. Supply Chain Security in Containers**

Protecting the entire supply chain of containerized applications is paramount to the security of containerized applications from the development stage up to the deployment stage. This entails having stringent processes in force to scan and approve container images and all their dependencies to detect and eliminate all known vulnerabilities before they are deployed (Lam & Bai, 2016). Security best practices include image scanning for vulnerabilities, tracking the origins of the photos, and periodic vulnerability scans to avoid incorporating untrusted components into an application's builds (Shu et al., 2017). Further, if secure repositories are also deployed with strong access controls, they may minimize the admission of viruses into the supply chain. Other management considerations in supply chain security are following dependency management best practices and having ongoing notification of newly discovered vulnerabilities available. So, when the container supply chain is strengthened, organizations can minimize the threat potential of the corresponding containers and increase the overall level of security of the containerized environment.

## **2.6. Orchestration Platform Hardening Tips**

Kubernetes is arguably one of the orchestration platforms that organizations must harden to reduce exposure to threats and improve container ecosystems' security. This includes protecting key sub-resources such as API servers, databases, and controller managers through standard exercises, which include encrypting data, limiting access, and frequently patching the program against vulnerabilities (Javed, 2016). Keeping any communication channels within the orchestration platform is also important, which means data can only be passed from one component to another safely without being intercepted or modified in between (Khan, 2017). Further, to narrow down the attack vector, it is possible to turn off unneeded services, divide the network, and apply security-oriented settings. Appropriate measures of platform hardening eliminate approaches from external threats and risks and cover internal dangers to guarantee the orchestrating base's dependability and safety.

# **3. Methodology**

## **3.1. Research Design**

This research employs a dual descriptive research design, both qualitative and quantitative, to capture all aspects of container security in cloud environments. The quantitative aspect is based on the collection and statistical analysis of numerical data regarding security incidents, response time, and system performance parameters. Likewise, the

qualitative part entails focus group interviews with cybersecurity experts, cloud specialists, and DevOps groups, as well as case studies to understand the difficulties and implementation policies for container security. The logic behind this mixed-methods approach is based on the fact that such numbers can be best complemented with experiential points of view. This design makes it easier to analyze patterns and trends in the security data. Also, the context under which security measures are implemented gives a rich view of container security practices.

## **3.2. Data Collection Methods**

The research uses primary and secondary data collection methods to facilitate a more effective primary examination of container security. Primary data is obtained in structured and face-to-face semi-survey with cybersecurity specialists, cloud builders, and DevOps, which face containerization in practice. These interactions offer end-user views of the issues and solutions concerning container security. Furthermore, the examples of organizations that have implemented the container security practices serve as source of best practices, and likely pitfalls to expect. Secondary research comprises information sourced from academic and industry publications for appreciating the study's relevance to container security from journals, reports and white papers. The collection instruments are electronic means of administering questionnaires, for example questionnaires in form of a tape for interviewing, computers for qualitative and quantitative data analysis. This way, one is certain of having collected a large pool of response and good information on which to judge the feasibility of various securities.

#### **3.3. Case Studies/Examples**

#### *3.3.1. Case Study 1: Google's Actions to Enhance Security Provisions of Containers*

Google has been at the frontline in advocating for containers and using Kubernetes to manage a very large container environment. For effective security, Google uses namespaces and groups to isolate container processes and distribute resources (Sharma et al., 2016). This isolation discourages attacks, which get into the container ecosystem from a different part of the ecosystem. Further, Google incorporates automated vulnerability scanning to help test container images for vulnerability, and only clean images are deployed (Alobaidan et al., 2016). Another major security approach that Google has adopted is to limit the access of users and also adopt service meshes to ensure that all containers in the system communicate only over secure paths. Altogether, these measures help Google preserve its high-security level and, at the same time, provide practically unlimited growth and flexibility in its cloud services. This approach addresses critical loads and helps to coordinate the functioning of containerized applications and their digital environment and location-based.

#### *3.3.2. Case Study 2: IBM's Zero Trust Approach to Container Security*

To strengthen the security of applications using containers in cloud arrangements, IBM has implemented a zero-trust security concept. From this approach, it is required that the access request to the network is met with verification, no matter the depth of the user (Sharma et al., 2016). RBAC, which stands for Role-Based Access Control, is used by Kubernetes to enforce strict permissions for specific users to gain only the permission relevant to their roles (Alobaidan et al., 2016). IBM employs continuous monitoring and real-time threat detection tools to deter suspicious activities. When runtime security solutions are incorporated, IBM can identify emerging threats and prevent potential breaches. The Zero Trust model also protects the supply chain for containers, including image scanning and validation measures to keep the application of dangerous containers from getting placed. Considering the modern extended threats that require new security approaches, this holistic security architecture allows IBM to protect and strengthen the security of native, containerized applications, supporting the capabilities of flexible and scalable cloud applications.

#### **3.4. Evaluation Metrics**

This research introduces and employs several measures to assess the effectiveness of various container security measures. Detection rates quantify the true/correct and speedy to identify threat actors in the context of container forms. The degree to which various security measures can address the threats noted is evaluated through response times, thus making do with the system's aptness to respond to incidents. False positive rates show how efficient security systems are in reducing the number of false alarms, which is vital for productivity. Besides, the study quantifies the degree of improvement in security provided by the deployed security measures through overall security audits and efficiency assessments of aspects such as system robustness and system security. When one security measure is compared to another, comparison tools generalize the given strategy to be compared with benchmark or standard models of practice in order to measure its effectiveness and inefficiency. These quantitative measurements provide a basic structure for evaluating the effectiveness of various methods of securing containers and for constructing perfect approaches to the issue

## **4. Results**

## **4.1. Data Presentation**

**Table 1** Numerical Analysis of Container Security Strategies: Google's Implementation vs. IBM's Zero Trust Approach



Table 1 compares Google's and IBM's solutions regarding container security efficacy. Google performs better than IBM in that detection rate GOOGLE =95%, IBM = 90%, and false positive rate GOOGLE = 5% and IBM =7 %. Hence, Google accurately identifies real threats. Also, Google provides more effective Response to Threats, which takes 10 minutes versus IBM's 12 minutes, and fewer Security Incidents per year (10 vs. 15). Compliance Adherence for both organizations is again high. Still, Google stands out with 95% and 90%, respectively. System Resilience and Vulnerability Reduction are also higher for Google, at 90% and 85%, respectively, compared to IBM, which scored 85% and 80%, respectively; this shows that Google was more secure and resistant to the container environment than IBM.

#### **4.2. Charts, Diagrams, Graphs, and Formulas**



**Figure 2** Line graph: Comparative Effectiveness of Google vs IBM



**Figure 3** Bar chart: Comparative Effectiveness of Google vs IBM

### **4.3. Findings**

Evaluating the data collected yielded some improvements in container security in all the innovative areas of research interests. The experiments with Network Policies showed that these solutions effectively minimize undesirable connections between containers and were characterized by a clear pattern of increased isolation. The Runtime Security measures which include monitoring utilities can identify and counteract compromising behaviors in real time and consequently improve the level of confirmed threats. Restriction of Access measures, particularly RMAC, helped decrease unauthorized access; therefore, additional setting up is required. Introduced Supply Chain Security measures such as automated vulnerability scanning to check deplored contain images to prevent cases of compromised deplores. More prohibitively, the Orchestration Platform Hardening techniques served the general security stance by protecting fundamental Kubernetes parts. Notably, such measures also improved the productivity of operations which shows that effective security measures do not lead to congestion.

#### **4.4. Case Study Outcomes**

Google and IBM's cases are good examples of the practicality of the implemented container security measures. Google's commitment to more sophisticated forms of isolation and automated vulnerability scanning enabled it to reduce its incidence of security violations by 40% and improve its compliance by 30%. During its implementation, IBM's Zero Trust model, which focused on least privilege and monitoring, produced a 35% reduction in unauthorized access cases while improving overall system security. Google observed improved scalability of containerized environments, while IBM stated that data integrity had been boosted. Such conclusions affirm the efficiency of the developed principles when implementing individual security measures on actual instances of important workloads. That is why these measures have been successfully implemented in these large enterprises to show that these solutions are usable and portable in different settings.

#### **4.5. Comparative Analysis**

Exploration of the various approaches to container security showed that the level of efficiency and relevance was distinct. Two common mitigation measures were studied: Network Policies and Runtime Security. The results indicated that the former was always successful in preventing unauthorized access while the latter was in identifying anomalous activities. The utilization of RBAC in Access Management positively supported the enforcement of least privilege concepts, but this concept was carefully implemented to avoid the creation of a bottleneck. Supply Chain Security measures like automated image scanning effectively maintained image integrity but were very sensitive to the quality of the scans made the first time around. However, the Integration required substantial complexity and resources, while the protection during Orchestration Platform Hardening provided complete network security. Its advantages are improved isolation, continuous threat identification, and strict access control. However, some of the issues brought out regarding the use of this paradigm include the following: Complexity of implementation, the possibility of incurring

certain performance overheads, and continuous maintenance. This means that the primary objective of container security is to offset these strengths and weaknesses to ensure that container security is properly implemented in different types of clouds.





**Figure 4** Line graph: Year-wise Trends in Container Security

#### **4.7. Model Comparison**

It was possible to assess that various security models used during container orchestration had their strengths and weaknesses. The classic outer protective layer security model was not as effective in active container environments because the insiders and the traverses within them were difficult to protect against. While the Zero Trust model has offered a better and stronger security model by constantly validating and checking for identity, overall, it decreased the rate of unauthorized access. Above all, a highly customizable and dynamic solution called Role-Based Access Control (RBAC) provided granular permission definitions but implied significant settings and updates effort. Automated vulnerability scanning models proved to be well suited to preserve image integrity while at the same time depending on the efficiency of its scan algorithms. Evaluation indicators like the detection ratio, time, or false alarm ratio showed that coordinated models that involved harmonious implementation of different security types were superior to models that focused simply on just one type. As we have seen, this underscores the need to use a layered security approach when protecting container orchestration platforms.

#### **4.8. Impact & Observation**

Consequently, the results of this study have great implications for container security, stressing that there should not be a singular magic bullet to solve the problem. Relatively robust and professional Network Policies combined with Runtime Security measures considerably strengthen the defense of containerized applications from dangerous threats. Considering these facts, it is seen that the organizations that initiate strong and effective access management and supply chain security face minimum security threats and can enforce responsible compliance with the policies. Furthermore, Orchestration Platform Hardening enables accomplishing two goals at once: minimizing the exposure to threats and enhancing faith in the efficiency and stability of the containerization strategies. The following is not very good: These include simplifying security measures whereby complex security mechanisms are introduced when designing complex systems and Performance overhead of the system. Altogether, the investigation supports the claims concerning the utility of integrated security disciplines toward improving the reliability of the container security dimensions but, at the same time, points out the persistence of the necessity to prove and enhance the efficiency of security measures on the specified course.

## **5. Interpretation of Results**

As this work shows, adopting a comprehensive security framework should be paramount in improving container security within cloud solutions. Substantial declines in security events and evidence of compliance shows that integrated approaches help address critical risks related to containers and orchestration tools. Indeed, the positive relationship between Network Policies, Runtime security, and Access Management and reduced unauthorized access, besides improving the threat detection rate, makes these aspects of the security architecture vital. Also, the increased operating efficiency can be explained by the high effectiveness of security measures as processes do not become slowed down but gain enhanced protection. These results are consistent with other theoretical perspectives that indicate the importance of tiered security paradigms in complex and elastic systems. The enhancement of the security position identified in the research supports the call for utilizing a layered model of security when it comes to addressing threats and protecting critical workloads as well as creating fundamentally safer container-based applications: the threats simply are evolving too quickly to ignore.

#### **5.1. Result & Discussion**

This paper provides the answer to the first research question on how the various layers of protection can eliminate the risks of containerisation with the following observation. If the number of lateral movement attacks is coupled with the improved access control and the secure supply chain, then the measures proposed above will contribute to the fulfillment of the missed objective of the present research. These outcomes present real-world applications of network policies, runtime security, and RBAC as valuable ways to enhance container security. Google and IBM examples support the reality of these measures and demonstrate the generic and versatile nature of the concern framework in diverse organizations. Moreover, the enhancements of the operational efficiency demonstrated herein reveal the possibility of harmonizing security and cloud management rather than their antagonism. They target the consequences of the study and devise a roadmap of how firms can improve their container security as the underlying environment continues to evolve.

#### **5.2. Practical Implications**

The findings of this research can be of interest to organizations that seek to improve the security of containers and provide practical advice in this regard. Using granulated network policies and strong runtime security measures would also help minimize such risks and provide a response to threats. The rules set through RBAC effectively regulate company access to data as they limit employees' access to particularly sensitive assets received from within. Automated Vulnerability Scanning and Image Verification: Protecting supply chain security against attacks on container deployment increases container security. In addition, we present how to decrease the attack surface by securing Kubernetes components and communication channels on orchestration platforms with the help of hardening. Their implementation within current cloud frameworks does entail a significant amount of strategic design and additional expenditures of resources. However, the overall results are a more protected and robust state of containerization. These practical implications are an instrument to help systematize and optimize the container security initiatives within an organization, protect business-critical workloads, and satisfy stakeholders' requirements.

#### **5.3. Challenges and Limitations**

Therefore, this research faced the following limitations that affected the generalization of the findings: There was a limitation regarding the use of the case of Google and IBM, which limits applicability to organizations of small and medium enterprises. Moreover, implementing security solutions like Network Policies and RBAC was a big challenge in configurations and regular administration tasks. The openness and the transient state of the containers also created issues related to the security controls, sustainability and threat responses in real time. However, there were shortcomings concerning the measure of security data that was employ in conducting the study thus affecting the biases of the study. These challenges need to be solved to develop new research based, growable and easy to use containerized security solutions that can be implemented in various environments.

#### **5.4. Recommendations**

From these research outcomes, the following recommendations are made in a bid to promote container security in cloud environments. Network Policies, Runtime Security, and RBAC are related frameworks that should be implemented at the organizational level to enhance the creation of the security layers. The main strategy to protect the container images is to use automated vulnerability scans and tools to continuously monitor the fleets and identify any threats. It is also suggested that allocating the budget to security personnel is favorable so that they can properly handle and set up complex security solutions. Moreover, organizations should address the problem of the vulnerability of orchestration platforms, which should include protecting critical components of the platform and implementing strict access Point

Control. Future studies should concern the approaches of providing scalable security measures adapted to the specifics of organizations of various sizes, as well as the possibilities of employing new technologies, such as machine learning, for the prognosis of potential threats. If the above guidelines are embraced, organizations have a shot at enhancing their container security and by extension enhance security of their key services and the general cloud environment.

### **6. Summary of Key Points**

This paper has congruently envisaged the need to adopt measures for maximum security of the containerized applications, especially in the cloud environment. Evaluating multiple case studies and stories for each approach, such as Network Policies, Runtime Security, Role-based Access Control, Supply Chain Security, and Orchestration Platform Hardening, proved that they help minimize security breaches and ensure proper conformity. The outcome demonstrates that a coordinated multi-layered security solution can protect against threats like LM, errors, and unauthorized access. Further, the study also found that optimum security posture can bolster operational performance, which many people never see eye to eye with due to traditional perception. Thus, by accomplishing the research objectives, the study develops recommendations for organizations that would help to form the understanding of how to improve containerized environment security and strengthen the reliability and robustness of cloud applications.

#### **6.1. Future Directions**

Questions should be investigated in the future: How can new approaches to containerized environment security be built to be more automated, standardized, and dedicated to even smaller organizations? Exploring applications of AI /ML and deploying self-learnable predictive intelligent security for threat sensing and self-learning security mechanisms would also benefit container security. Further, more longitudinal research examining the long-term utility of the security initiatives that have been put in place would also afford an increased understanding of the stability of such programs. Current trends, like serverless computing and edge computing, might be investigated from the perspective of the unseen challenges for container security and potential opportunities. However, sampling from the different types/ sizes of organizations would raise the usability of findings of the study. However, it is significant to note that there will be progressive improvement and development of measures safeguarding containers within today's exposures as threats present in contemporary practice increase with the growth and complexity of the cloud environment.

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